







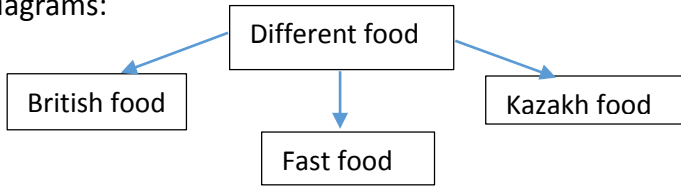




English lesson plan

	7-th form	T.Ayapova
	Lesson topic	Food for life
	Lesson objectives	Talking about different kinds of food Kazakh traditional food British traditional food Fast food Healthy @ Unhealthy food Table manners
	Grammar	Grammar tenses. Countable/uncountable nouns. Much/many, a lot of, few/little
	Vocabulary	Topic vocabulary
		Lesson procedure
I	Organization moment	T: Good morning, children! P: Good morning, pupils! T: Sit down, please. Let's begin our lesson.
II	Presentation	Tasks for the groups: 1 group. Different food 2 group. British food 3 group. Kazakh food 4 group. Fast food
III	Comprehension.	
	Read and speak. Make presentations on the topics:	
	Texts for the groups:	
	I. Different food	
	There are different kinds of food. They are traditional food, meat and milk products, bakery, vegetables, fruits. People cannot live without food. Some of them are healthy food. Some are not healthy. Different food comes from different countries. We get food from animals, from plants. We grow some food. We buy food from shops.	
	II. British food	
	British people eat four meals a day. They eat cornflakes with milk, toasts with marmalade, honey and tea. They eat a large meal at midday. The midday meal is the chief one of the day. They eat roast beef, roast potatoes and Yorkshire pudding. British people eat a lot of meat. In the evening they have a simple supper. British people drink a lot of tea like Kazakh people.	
	III. Kazakh food	
	Kazakh people are very hospitable. Their traditional food is Kazakh meat. They eat a lot of meat. When they invite guests they cook beshbarmak, kuyrdak, plov, kazy. They have some traditional milk products. They are kurt, irimshik. Their traditional drinks are kumuz, shubat. These drinks are useful for our health. Kazakh people like to drink a lot of tea with milk.	
		
		

	<div>IV. Fast food</div> <div>Fast food cafes are popular with young people. Young people like to eat fast food dishes, because they can eat quickly there. They eat pizzas, hamburgers, cheeseburgers, fried potatoes-frees and others. They drink cola, fanta, energetic drinks, juice, coke and milkshakes. Fast food dishes are cheap. They are open from 10.00 a.m. to 12.00 p.m. the colours are bright and atmosphere is informal there.</div>							
IV	<div>Speaking</div> <div>Complete the diagram:</div> <table><tr><td>Food in Britain</td><td>Both countries like</td><td>Food in Kazakhstan</td></tr><tr><td>Roast turkey</td><td>Tea with milk</td><td>Beshbarmak</td></tr></table>	Food in Britain	Both countries like	Food in Kazakhstan	Roast turkey	Tea with milk	Beshbarmak	
Food in Britain	Both countries like	Food in Kazakhstan						
Roast turkey	Tea with milk	Beshbarmak						
V	<div>Diagram</div> <div>Make diagrams:</div> <div></div>							
VI	<div>Presentation</div> <div></div>	<div>Table manners</div> <div>T: Table manners are very important if you eat in a restaurant or at home.</div> <div><div>1. You should sit up straight</div><div>2. You shouldn't eat with your fingers</div><div>3. You shouldn't put your elbows on the table</div><div>4. You should put your dirty knife, spoon and fork on your plate</div><div>5. You shouldn't talk with your mouth full</div><div>6. You shouldn't lick your fingers</div><div>7. You should say "Thank you" after the meal</div></div>						
VII	<div>Vocabulary</div>	<div>New words on the topic:</div> <div>Useful ingredients-пайдалы заттар</div> <div>Carbohydrates-углеводтар</div> <div>fats-майлар</div> <div>protein-белок</div> <div>makes fit-дені сау ету</div> <div>makes ill-ауру ету</div> <div>E.g. Fast food makes children ill</div> <div>Traditional home-cooked food makes them fit</div>						
VIII	<div>Writing</div>	<div>Speak about healthy food @ unhealthy food</div> <table><tr><td>Healthy food</td><td>Unhealthy food</td></tr><tr><td></td><td></td></tr></table>	Healthy food	Unhealthy food				
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IX	<div>Reading</div>	<div>Food for life</div> <div>People cannot live without food. Where does our food come from? Meat comes from animals. People eat domestic birds too. Eggs come from birds. Milk comes from cows. From milk people make butter and cheese. From plants we get fruit and vegetables. A lot of fruit grows on trees: apples, oranges, bananas.</div>						

		<p>Different food comes from different countries. Oranges and bananas grow in Africa and America.</p> <p>Where does our food come from? Some people grow their food. Many people buy food.</p> <p>Eat the right food. Eat a lot of fruit and vegetables. They have got a lot of vitamins.</p>
X	Check your English	<div>  <div> <p>Eat healthy food!</p> <p>Eat a lot of vitamins!</p> <p>Eat fruit and vegetables!</p> </div> </div>
XI	Homework suggestions	<ol style="list-style-type: none"> 1. Write about your favourite food 2. Write about good table manners